

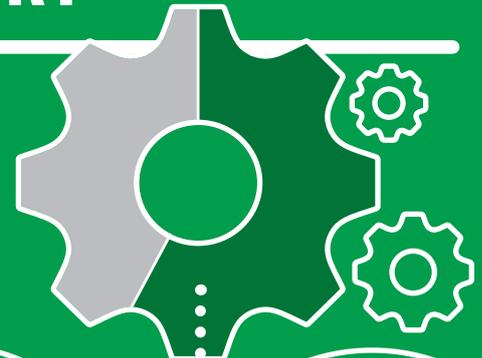
LGBTQ INCLUSION IN SPORT

pridein
sport



25%

of people who work in the Australian sporting sector disagree that there are more than two genders ¹



16%

of people who work in the Australian sporting sector identify as someone with a diverse sexuality or gender ¹



80%

of participants have witnessed or experienced homophobia in sport ²

58%

of people who work in the Australian sporting sector believe their sport should put more effort into LGBTQ inclusion ¹



Traditional male sports were seen as unwelcome and toxic spaces for young men with diverse sexualities or genders ³



60%

of people believe a sporting organisation's positive track record on LGBTQ inclusion would positively influence them to join that sport ⁵

87% of gay men and

75% of lesbians

are completely or partially in the closet while playing youth sport, ³ compared to 55% of people in the closet within the Australian corporate sector ⁴. Many fear discrimination from other players, coaches and officials

75%

of people believe an openly gay person would not be safe as a spectator at a sporting event ⁶



Change rooms were common sites to stress, harassment and bullying for young people with diverse genders and sexualities ⁷

References: 1. PSI Practice Points (2020), Pride in Sport, ACON Health 2. Denison E, Kitchen A. (2015). Out on the Fields: The first international study on homophobia in sport. Nielsen, Bingham Cup Sydney 2014, Australian Sports Commission, Federation of Gay Games. Accessed through: www.outonthefields.com 3. Storr, R., Robinson, K., Davies, C., Nicholas, L., Collison, A. (2020). Game to Play?: Exploring the experiences and attitudes towards sport, exercise and physical activity amongst same sex attracted and gender diverse young people. Western Sydney University 4. AWEI Practice Points (2020), Pride in Diversity, ACON Health 5. PSI Practice Points (2020), Pride in Sport, ACON Health 6. Denison E, Kitchen A. (2015). Out on the Fields: The first international study on homophobia in sport. Nielsen, Bingham Cup Sydney 2014, Australian Sports Commission, Federation of Gay Games. Accessed through: www.outonthefields.com 7. Storr, R., Robinson, K., Davies, C., Nicholas, L., Collison, A. (2020). Game to Play?: Exploring the experiences and attitudes towards sport, exercise and physical activity amongst same sex attracted and gender diverse young people. Western Sydney University





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WITHIN THE LAST 12 MONTHS



Only **51%** of people strongly agree that they feel they can be their true self in a sporting setting.¹



55% of LGBTQ people have witnessed negative behaviours / mild harassment targeting people of diverse sexuality or gender in sport.¹

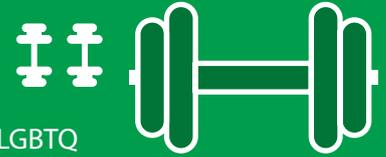
34% of LGBTQ people have witnessed more serious bullying targeting people of diverse sexuality or gender in sport.¹



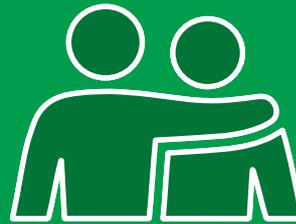
GENERAL

79% of LGBTQ people said that inclusion initiatives for sexuality and gender diverse people have had a positive impact on how they feel about their own sexuality.

ALLIES



Only **32%** of LGBTQ people know of active executive allies within their sport.



52% of LGBTQ people say that 'active allies' have positively impacted their sense of inclusion within sport.

32% don't know enough about WHY they should be an active ally.



58% don't know HOW to be an active ally.



OF THE PEOPLE WHO DIDN'T CONSIDER THEMSELVES AN ACTIVE ALLY

41% said they were too busy to be engaged in additional activities



66% said they were happy to support passively but do not consider themselves active in this area.



Only **66%** of people consider themselves an 'active ally'.





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BEING OUT IN SPORT



22%

of LGBTQ people said the willingness of managers/leaders to address negative commentary/jokes that target people of diverse sexuality and/or gender did not meet their expectations.

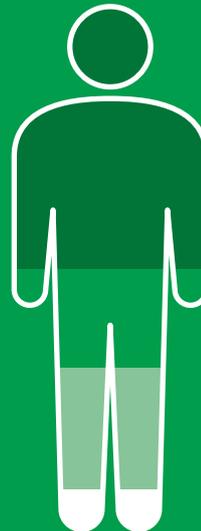
Just **44%** of LGBTQ people strongly agreed that they feel mentally well within their sport.



Only **57%** of LGBTQ people strongly agreed that they have a sense of belonging in their sport.

26% of LGBTQ people spend time self-editing their conversations or hiding who they are in sport.

WHEN ASKED IF THEY WERE 'OUT' TO OTHERS, OF THE LGBTQ RESPONDENTS:



50% were out to everyone

19% were out to most

23% were only out to a select few

9% were not at all out

Only **36%** of LGBTQ people strongly agreed they would feel safe and supported reporting continual jokes/innuendo targeting their sexuality to leaders in their sport.

11% of LGBTQ people said that any jokes/innuendo targeted towards people of diverse sexuality and/or gender are not acted upon quickly.

NOT BEING OUT IN SPORT

OF THOSE WHO ARE NOT OUT (IN THE CLOSET OR HIDING THEIR TRUE SELF) IN THE SPORTING ENVIRONMENT:



16% either agree or strongly agree that being out would be detrimental to their sporting experience.



37% either agree or strongly agree that they fear being the personal target of homo/bi/trans phobia.

32%

either agree or strongly agree that they would not be accepted by some members of their team.

